HILL COUNTRY
Allergy & Asthma

NEW PATIENT INFORMATION

Patient Name: ________________________________ Date of Birth: ______________ Date: ______________

Age: ____________ Male ❑ Female ❑ Driver's License #: _________________ Social Security #: _________________

Address: ____

City: ______________________________________ State: _______________ Zip: ________________________

IF CHILD: Legal Guardian Name(s): ____

Home Phone: (_____)____________________________ Cell Phone: (_____)______________________________________

Employer: ____ Work Phone: (_____)____________________________________

Referred By: ______________________________________ Primary Care Doctor: ____________________________________

Email Address: ____

Do you wish to receive email notifications about appointments and/or access to our patient portal: ❑ Yes ❑ No

FINANCIAL RESPONSIBILITY (*billing statements)*

Circle one: Same as Patient Different than Patient ***(If different, fill out this section)***

Name: ___________________________________ Relationship to Patient: _____________________________

Address: ____Phone: (_____)____________________________

Date of Birth:______________________________ SS#:____

EMERGENCY CONTACT

Name: ___________________________________ Relationship to Patient: _____________________________

Address: _________________________________ Phone: (_____)____________________________________

INSURANCE INFORMATION *(In order for us to file a claim on your behalf, this section must be completed in its entirety)*

Insurance Name: ___________________________ Phone: (_____)____________________________________

Claims Address: ____

City: ______________________________________ State: _______________ Zip: __________________

ID#: ______________________________________ Medicare # (*if applicable*): ___________________________

Group/Account #: ___________________________ Group Name: _____________________________________

Subscriber Name: ___________________________ Relationship to Patient: _____________________________

Subscriber's Date of Birth: ____________________ Subscriber's Social Sec #: ___________________________

HOW DID YOU HEAR ABOUT US?

❑ Doctor: ________________________________ ❑ Insurance

❑ Friend ❑ Internet /Website

❑ Ad (*which publication?)*: ___________________ ❑ Radio

Other Family Members Who Are HCAA Patients? ❑ Yes ❑ No

HILL COUNTRY
Allergy & Asthma

NEW PATIENT INFORMATION

Patient Name: _________________________________ Date of Birth: ______________ Date: ______________

ACKNOWLEDGEMENTS/CONSENTS *(please initial on the line next to each section after reading)*

_____ **Receipt of *Notice of Privacy Practices***

I, *(print patient or guardian name)*____, have read a copy of Hill Country Allergy & Asthma's *Notice of Privacy Practices.* (This document is available at our front desk or HillCountryAllergy.com)

_____ **Cancellation Policy**

If the patient cannot adhere to a scheduled appointment, it is the patient's responsibility to call the office to cancel with in 24 hours of the scheduled appointment. Hill Country Allergy & Asthma reserves the right to charge the patient a $50 fee if the patient does not cancel the appointment within 24 hours.

_____ **Release of Medical Information**

I **do / do not** *(circle one)* authorize Hill Country Allergy & Asthma and its designated representatives to release medical information to my spouse, parent, or guardian.

_____ **Contact Permission**

In the event that Hill Country Allergy & Asthma needs to contact you (patient) regarding an appointment, lab result, medication, or any other reason, it is permissible to *(check all that apply)*:

- ❑ Leave a message on an answering machine.
- ❑ Speak with spouse / significant other. (Name:____)
- ❑ Speak with other family members. (Name(s):____)

_____ **Consent to Treatment**

I consent to the performance of those diagnostic procedures, examinations, and rendering of treatment by the medical provider and their designated office staff as is deemed necessary in the medical provider's judgement.

_____ **Authorization / Assignment / Financial Responsibility**

I authorize the release of any medical information necessary to process an insurance claim on my behalf. I understand that I am financially responsible for all charges and that I am responsible for obtaining any referrals required by my insurance carrier. I request that my medical insurance carrier make any payment directly to Hill Country Allergy & Asthma for services rendered to me. As a courtesy, my charges will be filed with my insurance carrier; however, I will be billed if the claim is denied or is not paid in a timely manner. I also understand that I am responsible for the payment of any outstanding deductible or coinsurance amount that is not covered by my insurance plan. Should my account become a collection problem, additional charges may be incurred.

My signature below indicates that I have read and am in agreement with all statements that I have initialed above.

____ ____________________________
Signature of Patient (or Person Authorized) Date

HILL COUNTRY
Allergy & Asthma

NEW PATIENT INFORMATION

Patient Name: ________________________________ Date of Birth: ______________ Date: ______________

MAIN REASON(S) FOR TODAY'S VISIT

What is the main reason(s) for today's visit? ____

____

When was the first time you had this problem? ____

When did this episode start? ________________________ How often do episodes recur? _____________________________

What time of day are symptoms worse? *(circle)* morning noon afternoon nighttime all the time anytime

During which months is it most severe? *(circle)* Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec all year

Are symptoms worse in certain locations? *(circle)* home work outside indoors other ___________________

Suspected causes: *(circle)* trees weeds grass mold dust perfumes scents heat cold weather changes

smoke stress cats dogs other animals______________ foods________________ other____________

How long have you lived in this area? ____________________ Moved from where? ________________________________

Where did you grow up? ______________________________

REVIEW OF SYMPTOMS *(Circle any current symptom(s)/description(s) that applies or circle "NS" if you have no symptoms)*

General healthy fever chills night sweats body aches fatigue malaise weight loss weight gain

Nose NS congestion decreased sense of smell post nasal drip nasal discharge (runny/thick/clear/discolored) sneezing snorting rubbing bleeds

Sinus NS infections (past/constant/frequent/occasional) pressure drainage

Ears NS infections (past/constant/frequent/occasional) pressure popping discharge earache hearing loss

Eyes NS itchy watery red burning dry swollen eyelids puffy dark circles under eyes

Mouth NS bad breath gum problems lip swelling pain in teeth grinding itching ulcers tongue swelling

Throat NS difficulty swallowing sore clearing snoring hoarseness loss of voice post nasal drip swelling

GI NS heartburn vomiting nausea diarrhea constipation cramping bloating

Chest NS tightness pain palpitations heaviness pressure congestion cramping bloating

Wheezing NS daily frequent occasional rare associated with illness/exercise

Coughing NS constant/frequent/occasional dry deep hacking gasping turning blue productive of mucus

Shortness of Breath NS constant/frequent/occasional nighttime with exercise with normal activity at rest

Urinary NS frequency urgency burning pain difficulty urinating

Joints NS swollen painful

Skin NS itching dry rash hives blistering swelling

Neuro NS dizziness lightheaded sleep disturbance anxiety depressed passing out numbness tremor

Headache NS
- **Frequency**: constant frequent occasional rare
- **Severity**: incapacitating severe moderate minor
- **Nature**: throbbing dull stabbing
- **Location**: L/R sided top/back of head between/behind eyes temples forehead
- **Symptoms**: sound sensitivity light sensitivity nausea vomiting visual changes pain in teeth

HILL COUNTRY
Allergy & Asthma

NEW PATIENT INFORMATION

Patient Name: ________________________________ Date of Birth: ______________ Date: ______________

MEDICATION/MEDICAL HISTORY

1. Current Medications *(prescription, non-prescription, herbal, vitamins, creams, sprays, pills, liquids, drops):*

   1.____________________________ 4.____________________________ 7.____________________________

   2.____________________________ 5.____________________________ 8.____________________________

   3.____________________________ 6.____________________________ 9.____________________________

2. Have you ever been prescribed an **EpiPen** (adrenalin/epinephrine)? Y N If yes, for:_________________________
3. What medications have been HELPFUL now or in the past? ____
4. What medications have been UNHELPFUL? ____
5. Drug Allergy/Intolerance: *Describe when/what reaction occurred or (circle)* ***None Known****:*

   1.____________________________ ____

   2.____________________________ ____

   3.____________________________ ____

6. Your preferred pharmacy and location? ____
7. Hospitalizations / Surgical Operations (include dates):

   1.____ 4. ____

   2. ____ 5. ____

   3. ____ 6. ____

8. Other problems? *(please circle any that you have now or have had in the past)*

High blood pressure	Reflux	Thyroid problems	Heart attack
Hiatal hernia	Kidney problems	Stroke	Diabetes
Chronic infections	Glaucoma	Emphysema	Skin problems
Cataracts	History of asthma	Lupus/other Autoimmune	Depression
Gout	Liver problems	Bipolar	Arthritis
Cancer of _______________	ADD/ADHD	Fibromyalgia	Bleeding problems
Osteoporosis/osteopenia	HIV	Hepatitis A, B or C	HSV
Tuberculosis	Other:__________________________		

ENVIRONMENTAL / SOCIAL HISTORY

1. Occupation / grade in school / daycare ____
2. Hobbies: ____
3. **IF CHILD:** full term premature *(how early?)*_________ birth weight__________ Delivery: vaginal caesarean adopted

   Complications: before during after birth? Y N If yes, what? ____

   Who has legal custody?_________________________ With whom does child live?__________________________________

HILL COUNTRY
Allergy & Asthma

Patient Name: _________________________________ Date of Birth: ______________ Date: ______________

4. Vaccinations current? Y N **Flu vaccine :** Yr:________Mo:_______ **Pneumococcal vaccine** *(65 or older)* Yr:________Mo:______
5. Personal tobacco use (cigarette/chew/pipe/snuff/e-cig): Never Former Current

   If yes, how many years?__________ frequency? Some Days or Every Day packs per day?____________
6. Alcohol use: How often in the last year have you had a drink *(circle one)*: Never ≤Monthly 2-4/Month 2-3/Week ≥4/Week

   When drinking, typical # of drinks per day *(circle one)*: 1-2 3-4 5-6 7-9 ≥10

   # of times in the past year ≥6 drinks per day *(circle one)*: Never Less than Monthly Monthly Weekly Daily
7. Recreational drug use: Never Former Current If yes, what? ____
8. Any increased **HIV** or **HSV** risk factors? Y N Not Sure
9. Pets (type/number)____ how long?_________________________

   Where do they stay? inside outside both in bedroom Do you have increased allergy symptoms around animals? Y N
10. Home: Age of building__________________ water damage/leaks visible mold/musty odor

    Please circle appropriate responses below:

    Flooring: carpet tile hardwood throw rugs other____________________________

    Bedroom: box spring/mattress waterbed stuffed chair/couch throw pillows down pillows and/or comforter tapestries

    Window coverings: cloth roll shades shutters wood/metal/plastic blinds

    Fans: not used yes, in rooms

    Air conditioning: central window units
11. Workplace/Home/School Exposure: mold animals chemicals metals paint fumes smoke other_________________

ALLERGY HISTORY

1. Have you ever been tested for allergies? Y N ***(If "no", please skip to question 7 in this section)***
2. Date of last skin test?________________
3. How was testing performed *(circle one)*? Skin Blood (i.e. RAST)
4. Where can we obtain your allergy test results? ____
5. What were you allergic to? *(circle all that apply)* trees weeds grasses mold dust mites cats dogs foods insects latex other__________________________________
6. Did you get allergy shots? Y N If yes, how long did you take the shots? ____________years/months/weeks

   If yes, were the shots helpful? Y N
7. Food allergy/intolerance: D*escribe when/what reaction occurred or (circle)* ***None Known****:*

   1.______________________________ ____

   2.______________________________ ____

   3.______________________________ ____
8. Insect reactions? Y N If yes, describe insect type and nature/location of reaction ____________________________
9. Latex allergy? Y N If yes, describe type and nature/location of reaction ___________________________________

HILL COUNTRY
Allergy & Asthma

NEW PATIENT INFORMATION

Patient Name: ________________________________ Date of Birth: ______________ Date: ______________

ASTHMA HISTORY

1. Have you been previously diagnosed with asthma? Y N ***(If "no", please skip to question 11 in this section)***
2. What was your age when your asthma began?___________ months/years
3. During a typical week, how often do asthma attacks awaken you at night?
   less than once/week once or twice/week 3x or more/week more than once/night never
4. During a typical week (in the past 12 months) how often did you use a short acting Beta Agonist inhaler (like Proventil, Albuterol or Ventolin)? less than once/week once or twice/week 3x or more/week daily more than once daily never
5. During a typical week, how often were your activities limited by asthma symptoms such as cough, wheezing, or shortness of breath? Less than once/week once/week 2x or more/week daily never
6. During the past 12 months, how many times have you gone to the emergency room or had an urgent doctor's visit because of asthma? None 1x 2x 3x or more
7. Have you been admitted overnight to a hospital for asthma or breathing disorder in the last 12 months? Y N
8. Do you get chest tightness, wheezing, or shortness of breath within the first 15 minutes of exercise? Y N
9. Do you check peak flows? Y N If yes, what is your best peak flow value:____________
10. Do you have a written Asthma Action Plan? Y N
11. Did you ever have recurrent bronchitis, croup, asthma, reactive airway disease during childhood? Y N
12. Have you had sudden severe episodes of coughing, wheezing, or shortness of breath? Y N
13. Have you colds that "go to the chest" and take more than 10 days to get over? Y N
14. Have you had coughing, wheezing, or shortness of breath in certain places when exposed to animals, cold air, smoke, perfumes, etc.? Y N
15. Have you used medicine to help breathing? Y N If yes, do symptoms get better with medicine? Y N
16. Do you get coughing, wheezing, or shortness of breath….. at night? Y N in the morning? Y N with exercise? Y N

SINUS HISTORY

1. Do you have sinus problems? Y N ***(If "no", please skip the rest of this section)***
2. How many times have you been treated for a sinus infection with an antibiotic in the past year? none 1x 2x 3x or more
   Which antibiotic helped the most?_______________________________
3. What is the color of your nasal drainage? *(mark all that apply)* clear brown white green yellow blood-tinged
4. Have you ever had nasal polyps? Y N
5. Have you ever had an x-ray or CT scan of your sinuses? Y N If yes, when?__________ Where?____________________
6. Have you ever had sinus surgery? Y N If yes, when?___________
   If yes, what type? Caldwell luc ethmoidectomy graft rhinoplasty septoplasty turbinectomy other_____________
   Who was the surgeon?_________________________ Did the surgery help? Y N Somewhat
7. Do the sinus problems disturb your sleep enough to cause fatigue, tiredness or sleepiness during the day? Y N